

Om Sri Sai Ram

- 1) Service at Shepherds of Good Hope will take place on **Sunday March 14. There is a need for more volunteers.** This time, there will be three time slots that a devotee can choose and participate in the Seva activity.

The three time slots are:

Slot 1 - from 8:30 am to 11:00 am

Slot 2 - from 11:00 am to 1:00 pm and

Slot 3 - from 8:30 am to 1:00 pm

In this way, SSE parents will have ample opportunity to involve themselves in the Seva activity. This will also allow the devotees to participate in the Seva as much as they can if they have other commitments in the early morning or noon. One can choose his/her time slot as preferred. Devotees can also engage in helping to purchase items that are necessary for Seva at Shepherds of Good Hope. Please include your name in the sign-up sheet. Please contact Baskaran @ 613-226-3609 (or bas.baskaran@sympatico.ca) for further details.

- 2) There will be Bhajans singing in English on Saturday **March 20, from 2:30-3:30 p.m.** at the Garden Terrace located at 100 Aird Pl Kanata, ON K2L 4H8. Please contact Bhavana Patel @ 613-592-2264 or bhavana79@hotmail.com if you need more details.
- 3) A portion of the Tax receipts for 2009 was issued on February 21, 2010. The balance was posted last week.
- 4) By the grace of Swami, Mrs Geetha Mohanram will be visiting Ottawa and delivering the spiritual talks on Saturday March 27 at 4:00 pm. Mrs. Geetha Mohanram is blessed to be born in a family that has been in Swami's service for generations. Her grandfather, Sheshagiri Rao, came to Puttaparthi in 1943 and was Swami's personal attendant till he passed away in 1965. Her father Dr. Padmanabhan, was familiar to everyone as the person who walked behind Swami in Bangalore. He served Swami in various organizational capacities for the past 50 years. Having come to Swami at a very tender age, Mrs. Geetha Ram's life is filled with wonderful Sai experiences and amazing anecdotes which are both interesting and illuminating.

Thought for the week of March 7th, 2010

Every being that lives in the world strives to possess what it desires and avoid what it dislikes. Know that the Vedas (scriptures) instructs how to succeed in both these endeavors. The word 'Veda' is derived from 'Vid' which means 'to know'. So, Veda means and includes all knowledge. They are concerned with both - the material and the spiritual. They clearly lay down what has to be done and what should not be done. When these prescriptions and prohibitions are followed, one can earn the good and avoid the evil.

- Sai Baba