

Om Sri Sai Ram

Announcement:

- 1) **Guru Purnima:** Guru Purnima will be celebrated on Sunday July 25, 2010 starting with bhajans at 5:30 pm. After the bhajans, Gayatri Chanting, 108 times will be performed.
- 2) **Service at Cornerstone Women's Shelter:** Service at Cornerstone Women's Shelter will take place on Sunday August 8. We will be providing Pizza this time. If you would like to participate in the seva, please contact Sachu Madhavan @ 613-837-7975 (or trsachu@yahoo.ca) or Baskaran @ 613-226-3609 (or bas.baskaran@sympatico.ca) for further details.
- 3) **Sunday Satsang and SSE classes:** We are currently evaluating the possibility of having our regular Sunday Satsang including SSE classes and bhajan in the morning from 9:30 am to 12:30 pm rather than in the afternoon from 4:00 pm to 6:30 pm. A questionnaire in this regard was sent to all the devotees. Please take a few minutes to fill out this short questionnaire. It is critically important that everyone participates in this survey. Your answers will help us to assess any possible changes. Kindly reply before July 31.
- 4) **Open the centre:** We need volunteers who can open the centre from Monday to Friday (4-5 pm) on a temporary basis. Please contact Thayaparan @ 613-271-9084 (or ythayaparan@sympatico.ca)
- 5) **Painting the Fence:** As part of the Seva activity, we will be painting the fence around the centre on Saturday July 31. Please contact Pawan Gupta @ 613-739-8746 (or trsachu@yahoo.ca)

Thought for the week of July 22st , 2010

Guru Poornima is sacred for many reasons. Today, the seeker who suffers from the false identification with the objective world is initiated into the reality of the unseen motivator of the world, God. On this day, those who have no urge to tread the spiritual path are inspired to seek the path of bliss. With the rise of the sun, the world is bathed in light and heat. So too, with the coming of Guru Poornima, the human heart is bathed in peace and security. Guru Poornima is not just a day in the year marked in a calendar. It is the day when your mind, whose presiding deity is the moon, becomes full of pleasantness and coolness, and is fully illumined with the light of intellect and discrimination.

- Sai Baba

**Love All, Serve All!
Help Ever, Hurt Never!**